



B&M Homemaking and Companion Services, LLP
38 Church Street West Haven CT 06516
203-932-9966

Coronavirus – COVID 19 – Process Changes

Memo 6

Review the following information and call the office if you have any questions.

The office receives an email from our state representatives providing a status on COVID. Below are comments from today 12/14/2020.

Today, December 11, Connecticut reported 3,782 new cases of COVID-19. Those cases came amid 54,269 tests administered, resulting in a statewide daily positivity rate of 6.97 percent. Tragically, 36 COVID-19 associated deaths were reported yesterday, bringing the state's pandemic death toll to 5,363; currently, 1,210 people are hospitalized statewide with the disease, a decrease of four since yesterday.

Stay Focused and Follow the Guidelines

B&M and your Client's thank you for your continued hard work. We understand that balancing work, family and protecting your loved ones as well as yourself has been a challenge.

As you are all aware the number of new cases is increasing in our state. We want to remind all staff that is it of the ***utmost importance*** to stay focused on the protocols discussed during In-Service and Orientation Training.

Wear your Mask at all times when with your Client

Wash your Hands frequently

Wear your Gloves

CONTINUE TO - Check yourself!

- Make sure you are not showing any signs/symptoms of the virus before going to the client's home.
- **IMMEDIATELY CALL** the office if you are **NOT** feeling well. ***Do not go to work!***
- ***Follow the instructions*** provided by the office staff. Remember you ***can not*** return to work if you are having symptoms of the virus unless you have a doctor's note confirming you are cleared to return to work and have tested negative for the virus.
- Call your doctor and get instructions on where to go if you need medical attention.
- CALL 211

CONTINUE TO - Check your Client!

- Contact the office if you note that your client is not feeling well and may be showing signs or symptoms of the virus.
- **IMMEDIATELY CALL** the office. ***Do not go to work!***
- ***Follow the instructions*** provided by the office staff. Office staff will notify the client's case manager, contacts and family members.



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- Staff will not be allowed to return to the client unless confirmation that the client is virus free. Office staff will notify field staff when that information is made available.

Remember to....

- Wear your masks and use gloves at all times when with a client.
- Social Distance even in the client's home where and when possible.
- Clean surfaces and most used areas with disinfectant regularly
- Wash your hands frequently

Public Transportation

- Remember to wear gloves and masks as well as use hand sanitizer if using public transportation.
- Always remove your gloves and mask upon entering the client's home and put on a fresh mask and gloves once you're inside the home.
- CT DOT Precautions for Public Transportation - <https://www.cttransit.com/news/ctdot-taking-coronavirus-precautions-public-transportation>

Personal Vehicles

- Clean your vehicle regularly. At a minimum, clean and disinfect commonly touched surfaces in the vehicle at the beginning and end of each shift and between transporting passengers who are visibly sick. Ensure that cleaning and disinfection procedures are followed consistently and correctly, including the provision of adequate ventilation when chemicals are in use. Doors and windows should remain open when cleaning the vehicle. When cleaning and disinfecting, individuals should wear disposable gloves compatible with the products being used as well as any other PPE required according to the product manufacturer's instructions.

Click here to get more information - <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/disinfecting-transport-vehicles.html>

Shopping/Errands

- While the state has open, we still highly recommend that Shopping and Errands are done 1 time per week.
- Assist your client in preparing a list of necessary items before going out to aid in having to do additional errands.

Office Protocols

The office doors will continue remain locked. The state has provided instructions on maintaining office safety; however, we feel that we need to limit the number of staff that enter the office at any one time.



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Remember to call the office if you need supplies such as gloves, masks and time sheets. The packets will be in a black box on the steps by the **back door**.

Identification Badges/Elderly Housing

- Make sure you're wearing your ID Badge especially when entering an elderly apartment complex.
- Be aware that elderly housing complexes are restricting visitation but are allowing staff to provide services. The facilities will be checking your temperature when you enter the building.
- Always check in with the front desk/security etc., when arriving and follow the procedures.
- If you are unable to enter the building due to restrictions, call the office immediately.

CDC – Known Symptoms

Symptoms of COVID-19 Watch for symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.

- **How do I know if I should be tested for COVID 19? Where do I go and what do I need to do?**
<https://portal.ct.gov/Coronavirus/Covid-19-Knowledge-Base/COVID-19-Testing>
- **Where to go for Testing**
<https://www.nbcconnecticut.com/news/coronavirus/locations-for-drive-though-covid-19-testing-in-connecticut/2244133/>
- **CDC Guidelines are changing and adjusting based on what they are learning about the virus. All staff should review the guidelines for updates frequently. Additionally, links to Connecticut specific information are noted below.**



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- **Reopen Connecticut – Residents, Business, Schools**
 - <https://portal.ct.gov/Coronavirus/Covid-19-Knowledge-Base/Latest-Guidance>
- **Travel Advisory – CT**
 - [Travel Advisory for Connecticut During the COVID-19 Pandemic](#)